<http://whirlwind-design.com/madbaker/breadfaq.html>

link to good info on Renaissance baking

## Primary Sources, Reference, Bibliography

### General

* [Introduction to Cariadoc & Elizabeth's Recipes](http://www.pbm.com/~lindahl/cariadoc/recipes_introduction.html) (bibliography, ingredients)
* [Cooking from Primary Sources: Some General Comments](http://www.pbm.com/~lindahl/cariadoc/cooking_from_primary_sources.html) (from Cariadoc's Miscellany)
* [An Annotated Renaissance Food Bibliography](http://www.pbm.com/~lindahl/articles/food_bibliography.html)
* [A glossary of medieval and renaissance culinary terms](http://www.thousandeggs.com/glossary.html)
* [Medieval/Renaissance Food Clip Art](http://www.pbm.com/~lindahl/food-art/)
* [Cariadoc's new Translation Project](http://daviddfriedman.com/Medieval/For_Translation/Translation_Project.html)
* [European Cookery Texts 1350-1800](http://www.uni-giessen.de/gloning/kobu.htm) (several primary sources)
* [Another listing of online cookbooks](http://www.thousandeggs.com/cookbooks.html) and [Works in Progress](http://www.thousandeggs.com/msproj.html)
* ["Ancient" Italian cookbooks](http://italophiles.com/ancient_cookbooks.htm) (14c-16c)

### 14th century

* [Le Viandier de Taillevent](http://www.telusplanet.net/public/prescotj/data/viandier/viandier1.html) (French, 1375-1390)
* [Ein Buch von Guter Spise](http://cs-people.bu.edu/akatlas/Buch/buch.html) (German, c. 1350)
* [Le Ménagier de Paris](http://www.pbm.com/~lindahl/menagier/) (c. 1393, in French, partial, also an English translation)
* [Forme of Cury](http://www.pbm.com/~lindahl/foc/) (14th century English)
* [Norwegian Primary Sources](http://www.notaker.com/old_onli.htm) (one c.1300, one 1614)
* [Libro Della Cocina translation](http://www.geocities.com/anahita_whitehorse/LibroDellaCocina.html) and a [transcription](http://www.uni-giessen.de/gloning/tx/an-tosc.htm) of the Italian (14th/15th century)
* Another [translation](http://www.geocities.com/helewyse/libro.html) of Libro del Coch and a [a transcription](http://www.uni-giessen.de/gloning/tx/frati.htm) of the Italian.

### 15th century

* [Du Fait de Cuisine](http://daviddfriedman.com/Medieval/Cookbooks/Du_Fait_de_Cuisine/du_fait_de_c_contents.html) (1420)
* [Two Fifteenth Century Cookery Books](http://quod.lib.umich.edu/cgi/t/text/text-idx?c=cme;cc=cme;rgn=main;view=text;idno=CookBk)
* [Liber Cure Cocorum](http://www.pbm.com/~lindahl/lcc/) (15th century English)

### 16th century

* [Manual de mugeres](http://www.larsdatter.com/manual.htm) (16th century Spanish)
* [A Book of Cookrye](http://jducoeur.org/Cookbook/Cookrye.html), 1591
* [Das Kuchbuch der Sabrina Welserin](http://daviddfriedman.com/Medieval/Cookbooks/Sabrina_Welserin.html) (1553)
* [Portions of Ein New Kochbuch](http://clem.mscd.edu/~grasse/GK_Rumpolt1.htm) (c. 1581)
* [More Portions of Ein New Kochbuch](http://www.uni-giessen.de/gloning/tx/rumpcast.htm) (c. 1581)
* [Eenen seer schoonen ende excellenten Cocboeck](http://www.kookhistorie.com/cb/index_cb.htm) (1593)
* [Een notabel boecxken van cokeryen](http://www.kookhistorie.com/NBC/index_nbc.htm) (Brussels ca. 1514)
* [Wel ende edelike spijse](http://www.coquinaria.nl/kooktekst/Edelikespijse0.htm) (Dutch, 1500)
* [16c Food/Medical books](http://www.bib.ub.es/grewe/grewe1.htm) in the [Biblioteca de la Universitat de Barcelona](http://www.bib.ub.es/)

### 17th century

* [Delightes for Ladies](http://web.archive.org/web/20040603080850/http:/infotrope.net/sca/texts/delights-for-ladies/), 1609 (Elizabethan)
* [The English Housewife](http://web.archive.org/web/20040726084652/http:/infotrope.net/sca/texts/english-housewife/), 1683 (9th edition)
* [The Closet of the Eminently Learned Sir Digbie](http://www.gutenberg.org/etext/16441) (1669) (or [here](http://realbeer.com/spencer/digby.html))
* [De verstandige kock](http://www.kookhistorie.com/VK/index_vk.htm) (Amsterdam ed. 1669)
* [Koge Bog](http://www.forest.gen.nz/Medieval/articles/cooking/1616.html) (Danish, 1616)
* [17c Food/Medical books](http://www.bib.ub.es/grewe/grewe2.htm) in the [Biblioteca de la Universitat de Barcelona](http://www.bib.ub.es/)

### Collections

* [Unique Cookbooks](http://130.243.103.139:8080/cgi-bin/library?e=p-000-00---0unicoo--00-0-0--0prompt-10---4------0-1l--1-sv-50---20-about---00031-001-1-0utfZz-8-00&a=d&cl=CL4) (13 pre-1600)

## Articles / Publications

* [Early English meals and manners : with some forewords on education in Early England](http://www.archive.org/details/earlyenglishmeal00furnuoft) by Furnivall, Frederick James, 1825-1910
* [Early Medieval Norse Food & Feasting](http://darton.sca.org.nz/sites/darton.sca.org.nz/files/file/9th+through+12th+Century+Norse+Food+v1-1+June+2004.pdf)
* [Medieval Bread](http://www.whirlwind-design.com/madbaker/breadfaq.html)
* [Articles at the Middle Kingdom Cooks' Collegium](http://home.comcast.net/~iasmin/mkcc/index.html)
* [Cauldrons and the Development of Cast Iron for Domestic Use](http://filebox.vt.edu/users/jselmer/cauldrons.htm)
* [An Overview of Renaissance Kitchen Equipment](http://www.geocities.com/katjaorlova/MedievalKitchenEquipment.htm)
* [Katja's Herbalism Papers & Links](http://www.geocities.com/katjaorlova/Herbalism.html)
* [Katja's Food Papers and Handouts](http://www.geocities.com/katjaorlova/MedFoodPapers.html)
* [Medieval Mustard](http://www.greydragon.org/library/mustard.html)
* [The Flour of Chivalry: The Rise of Bakers' Guilds in the Middle Ages](http://www.whirlwind-design.com/madbaker/bakerguild.html)
* [Viking Foods](http://www.cs.vassar.edu/~capriest/vikfood.html)
* [A Chaucerian Cookery](http://www.godecookery.com/chaucer/ccookery.htm)
* [A Boke of Gode Cookery](http://www.godecookery.com/godeboke/godeboke.htm) (a collection of articles and recipes)
* [A Dinner at Pennsic](http://daviddfriedman.com/Medieval/Articles/Dinner_at_Pennsic.html) (renaissance camping and food)
* [Camping Without a Cooler](http://daviddfriedman.com/Medieval/Articles/Camping%20without%20a%20cooler.html)
* [Serve it Forth!](http://dialup.pcisys.net/~mem/sif_home.html) (a paper magazine)
  + [Of Course It's 'Course'!; or Remove 'Remove'](http://dialup.pcisys.net/~mem/course.html)
* [Some Recipes of al-Andalus](http://www.pbm.com/~lindahl/articles/veggie.html) (vegetarian)
* [(Middle Eastern) Historic Recipe Redactions](http://www.roxalanasredactions.com/)
* [Food in England since 1066 -- A Vegetarian Evolution?](http://www.ivu.org/history/renaissance/food-england.html) (article)
* [Food Coloring Agents](http://www.pbm.com/~lindahl/articles/food_coloring_agents.html)
* [To Make A Tart](http://www.pbm.com/~lindahl/recipes/to_make_a_tart.html) (intro to using primary sources)
* [Robbing Peter To Pay Paul: Halving Feast Costs](http://www.pbm.com/~lindahl/recipes/rprf.sca.feasts.html) (seasonal savings)
* [How to Pig Out with 130 of Your Closest Friends](http://www.pbm.com/~lindahl/recipes/pig_out.html) (cooking for large groups)
* [To Prepare a Most Honorable Feast](http://www.pbm.com/~lindahl/cariadoc/most_honorable_feast.html)
* [To Make a Feast](http://www.pbm.com/~lindahl/cariadoc/to_make_a_feast.html)
* [An Islamic Dinner](http://www.pbm.com/~lindahl/cariadoc/islamic_dinner.html)
* [The Hitchhiker's Guide to Ancient Cookery](http://www.panix.com/~nexus/cooking/) (series of articles)
* [Articles from the Rialto (rec.org.sca) related to food](http://www.pbm.com/~lindahl/rialto/idxfood.html)
* [Search rec.food.historic](http://www.pbm.com/~lindahl/rialto/search.html)
* [Chocolate: or, and Indian Drinke.](http://www.waks.org/justin/chocolate.txt)
* [Cheesemaking in Scotland](http://web.archive.org/web/20050305095003/http:/www.efr.hw.ac.uk/SDA/cheese1.html)
* [Stefan's Florilegium](http://www.florilegium.org/) Sections: [Food](http://www.florilegium.org/files/FOOD/idxfood.html), [Food - Books](http://www.florilegium.org/files/FOOD-BOOKS/idxfood-books.html), [Food - Breads](http://www.florilegium.org/files/FOOD-BREADS/idxfood-breads.html), [Food - Condiments](http://www.florilegium.org/files/FOOD-CONDIMENTS/idxfood-condiments.html), [Food-by-Region](http://www.florilegium.org/files/FOOD-BY-REGION/idxfood-by-region.html), [Food - Fruits](http://www.florilegium.org/files/FOOD-FRUITS/idxfood-fruits.html), [Food - Manuscripts](http://www.florilegium.org/files/FOOD-MANUSCRIPTS/idxfood-manuscripts.html), [Food - Meats](http://www.florilegium.org/files/FOOD-MEATS/idxfood-meats.html), [Sweet or Decorated Foods](http://www.florilegium.org/files/FOOD-SWEETS/idxfood-sweet.html), [Food - Utensils](http://www.florilegium.org/files/FOOD-UTENSILS/idxutensils.html), [Food - Vegetables](http://www.florilegium.org/files/FOOD-VEGETABLES/idxfood-veg.html), [Beverages](http://www.florilegium.org/files/BEVERAGES/idxbeverages.html)

## Individual Recipes

* [Table of Contents of Cariadoc & Elizabeth's Recipes](http://www.pbm.com/~lindahl/cariadoc/recipe_toc.html) (very good resource)
* [Alphabetical Index of Cariadoc & Elizabeth's Recipes](http://www.pbm.com/~lindahl/cariadoc/recipe_index.html) (same recipes as item above)
* [A 14th Century German Meal](http://www.kateryndedevelyn.org/german1.htm)
* [A Meal from the 14th Century](http://www.kateryndedevelyn.org/french1.htm) (taken from The Goodman of Paris)
* [A 14th Century English Feast](http://www.kateryndedevelyn.org/englsh1.htm)
* [Menu and Recipes from an SCA event](http://www.contrib.andrew.cmu.edu/usr/grm/wwaway-feast.html)
* [Apple Tart & Orange Tart](http://www.cs.cmu.edu/afs/andrew.cmu.edu/org/Medieval/www/src/contributed/grm/AS/cooking/apple-orange-tarte.html)
* [Historical recipes of different cultures](http://www.cs.cmu.edu/~mjw/recipes/)
* [The Medieval Kitchen: Recipes from France and Italy](http://www.press.uchicago.edu/Misc/Chicago/706842.html) (6 recipes from a commercial book)

For all occupations

<http://www.bellaonline.com/subjects/6232.asp>

Knights

<http://www.bellaonline.com/articles/art20939.asp>

Renaissance site map

<http://www.bellaonline.com/sitemap/renaissance>